

THE ERGO CHAIR™

Award Winning Product at the World's Largest Original Invention Conference in Europe

Covered by a US and European Patents. Available in the U.S.A. for the First Time

Light Weight, Fun to Use, Easy to Assemble

Add the Ergo Ball to Your Exercise Program

Use at Home and in the Office. Become Fit While You Sit



Designed in Switzerland by a group of engineers, doctors and physical therapists, the ErgoChair has claimed great success throughout the European community in rehabilitation centers, hospitals and physical therapy clinics and is now patented and introduced in the U.S. for the first time.

The ErgoChair is a simple yet ingenious chair that allows the body to sit up correctly thus strengthening abdominal muscles, relieving tensions in the neck area and making hours of sitting more natural and comfortable.

How Does it Work?

Most individuals sitting in office chairs assume poor posture resulting in flattening of the lumbar spine and altered head carriage. Over time this can lead to chronic lower back pain, weak abdominal muscles, and neck problems that often times lead to headaches.

The special design of the ErgoChair and the flexible air filled material of the seat enable individuals to support themselves in the best sitting position to relieve and prevent back pain. By using the abdominal muscles to tilt the pelvis, the lumbar spine is flexed and extended until the balanced position of optimal

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A standard Chair



An Ergochair



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function and stability is reached. The muscles are then contracted in order to hold the position. This helps the individual to develop the kinesthetic awareness of their neutral position. Eventually this will become a natural position to attain. The individual is actively in control.

Dimensions: The ErgoChair armrest is 26 3/4 inches high and 23 1/2 inches wide at the widest point in the front.. The height of sitting is adjustable based on how hard you pump it up. Those under 4' 10" can remove a couple of inches by not using the wheels and putting the chair on a small carpet. Likewise those over 6'3" can take the wheels off and put the chair on a platform.

Who Will Benefit?

Anyone who sits at a desk for hours; students, home office workers, computer professionals, individuals with back and neck problems and even children who need to be encouraged to assume a more correct posture. The possibilities are endless. This new system of sitting is good for just about anybody.

The ErgoChair is a simple breakthrough. Being in a chair for hours can be a good thing. This revolutionary new method of sitting will change your life.

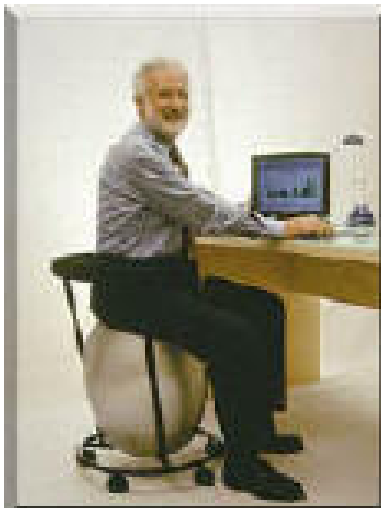


Covered by one year manufacturers warranty.

A very high quality product at a fraction of the price of some ergonomic chairs that aren't as healthy as this one. **The tubing of this chair is steel with heavy duty bolts. The frame is strong. The egg is high strength material with a very high burst rating. Don't confuse it with cheap plastic products.**

1-800-SELLCOM 919-401-0067

Or order online: www.sellcom.com/ergochair.html



- **Ergonomically Designed by a group of Physicians and Health Specialists**
- **Conditions and Strengthens Your Back and Abdominal Muscles as you Sit**
- **Prevents Neck, Shoulder and Back Pains while Increasing Muscular Strength**
- **Optimal Blood Circulation as You Sit**